



2019 South Carolina Health Care Decisions Month Action Guide



**South Carolina
FOUNDATION**

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Table of Contents

BACKGROUND	2
MY LIFE MY CHOICES	2
The Call to Action	3
Best Practice: Crosswalk of South Carolina Advance Care Planning Documents and Laws	3
WHERE TO START	4
Lead by Example and Encourage Your Staff to Do the Same	4
Educate and Train Staff and Employees	5
Engage Patients and Families Where They Live, Work, and Pray	5
Suggested Activities for Your Organization	6
Best Practice: Employee Incentive Program	6
Planning Steps for Health Care Providers	7
Lead by Example and Encourage Your Team to Do the Same	7
Best Practice: Nurses Leading by Example	7
Educate and Train Staff and Employees	8
Best Practice: Trained Chaplains Offer Spiritual Support Through Advance Care Planning	8
Engage Patients and Families	9
Best Practice: Hospital Rewarding Excellence Program	9
Hosting Community Events	10
Planning Steps for Community and Faith-Based Organizations	11
Lead by Example and Encourage Team to Do the Same	11
Educate and Train Staff and Employees	11
Engage Members and Families	11
Helpful Resources	12
Media Campaign Resources	12
Key Messages and Usable Phrases	12
What to Avoid	12
Sample Conversation Scripts	13
Personal	13
Professional	13
Sample Organizational Email Template	14
Sample News Article	15
Sample Social Media Posts	16

KEY DEFINITIONS

Advance Care Planning is a process in which you explore your values and wishes about your health care, and learn about treatment options and decisions you may face.

Advance Care Planning Conversation (as defined for the purposes of this educational initiative) is a face-to-face conversation between a physician, other qualified health care professional or a trained lay community member and an adult patient, family member and/or health care proxy in discussing end-of-life wishes and preferences as well as documenting those wishes in an advance directive.

Advance Directives are legal documents (such as a Health Care Power of Attorney) signed by a person who has capacity to provide guidance for medical and health care decisions in the event the person becomes unable to make decisions and/or speak for oneself.

BACKGROUND

Despite recent gains in public awareness of the need for advance care planning, studies indicate that most Americans have not exercised their right to make decisions about their healthcare if they cannot speak for themselves. Though most people recognize the importance of advance care planning, very few have taken the steps to communicate and document their end-of-life wishes. According to a 2013 national survey, 90 percent of participants stated that talking to loved ones about end-of-life care is important, however, only 27 percent have done so.¹

MY LIFE MY CHOICES

South Carolina's Advance Care Planning Initiative, *My Life My Choices*, is building a foundation to increase the quality of and accessibility to advance care planning by increasing public awareness, improving the health care professional's ability to initiate and integrate advance care planning into the clinical workflow and improving accessibility to advance care planning documents through an electronic registry (i.e., e-registry). *My Life My Choices* provides tools to help South Carolinians understand that making future health care decisions includes much more than deciding what care they would or would not want. It starts with thinking about preferences and clarifying values, talking about care preferences with loved ones and writing those preferences down in an advance directive that is shared with loved ones and health care providers.

This initiative was launched in 2018 by the South Carolina Coalition for the Care of the Seriously Ill (CSI) through the generous support of the BlueCross BlueShield of South Carolina Foundation. Founded in 2010, CSI is a statewide coalition that brings together many key organizations and clinicians to collaboratively redesign care, improve quality of life, and protect the ethical rights of the seriously, chronically, or terminally ill.

¹ The Conversation Project. (n.d.). Retrieved February 20, 2019, from <https://theconversationproject.org/>

THE CALL TO ACTION

We encourage statewide participation in National Healthcare Decisions Day (NHDD), April 16, 2019, as a component of our education campaign. This day is historically set aside to inspire, educate, and empower the public and health care providers about the importance of advance care planning. In South Carolina, we are declaring April as **South Carolina Health Care Decisions Month** as this work should

not be limited to one day. This approach will provide flexibility for our stakeholders to develop and implement several activities, both large and small. This education campaign is meant to encourage people, including health care professionals, to express their end-of-life wishes regarding health care and for their health care providers and facilities to develop supportive processes to ensure those wishes are honored.

You may not control life's circumstances, but getting to be the author of your life means getting to control what you do with them.
Atul Gawande, MD - Being Mortal: Medicine and What Matters in the End

Best Practice: Crosswalk of South Carolina Advance Care Planning Documents and Laws

Each state has its own laws governing the documents that are recognized as advance directives and sorting them out can be confusing for the public as well as other professionals. To clarify the various documents, *My Life My Choices* developed the *Crosswalk of South Carolina Advance Care Planning Documents and Laws* which provides a summary of the various documents and their attributes. The preferred advance directive in South Carolina, according to many health care attorneys and health care professionals, is the South Carolina Health Care Power of Attorney as it covers most situations and is the most flexible.

Resource: *Crosswalk of South Carolina Advance Care Planning Documents and Laws* | [Link](#)

WHERE TO START

Your organization can start its participation in *South Carolina Health Care Decisions Month* with three easy steps:

Lead by Example and Encourage Your Staff to Do the Same

Lead by example by conducting your own advance care planning. Encourage employees and business/community partners to think about their individual end-of-life preferences, talk about their preferences with loved ones, and write their preferences in an advance directive. This process not only benefits loved ones, it also allows you and your staff to gain a better understanding of patient and family experiences. Your participation in this process can evoke empathy regarding the challenges of advance care planning and allow us to move from a 'yes' or 'no' transactional question to a more person-centered, family-oriented conversation.

“As an emergency room nurse caring for patients and families, I have seen the families fighting over what to do for their loved one when they should be coming together. This is a hurt that lasts a very long time. Some families never get over it. Because of what I have seen, my husband, my son, my father and I all have a Health Care Power of Attorney.”

Wilma Rice, former Emergency Department Nurse

Those who have already completed an advance directive should be encouraged to periodically review and update, if necessary, the documents to ensure that their health care preferences still align with what has been expressed to loved ones and documented in an advance directive. Like wills and estate planning, your advance directive should be reviewed and updated annually or at least during every major life event such as divorce, marriage, or the birth of a child. In fact, the American Bar Association recommends that advance care planning be reviewed when any of the '5 Ds' occur²:

- ❖ **Decade** of life as preferences may change over time
- ❖ **Death** of a loved one; this is time for reflection of 'what matters most'
- ❖ After **divorce** to revisit selected surrogate
- ❖ After a significant **diagnosis** to focus on goals-of-care discussions
- ❖ After a significant functional **decline**

² Sabatino, C. (2015, March/April). Six Key Steps of Advance Care Planning. ABA Commission on Law and Aging Retrieved April 16, 2018, from https://www.americanbar.org/publications/bifocal/vol_36/issue_4_april2015/six_steps_advance_care_planning.html

Educate and Train Staff and Employees

Educate and train staff and employees on how to effectively support patients and families in having advance care planning conversations. *My Life My Choices* offers the following training resources to support your efforts.

Serious Illness Communication Program

Emphasis on Shared Decision Making and Goals of Care for someone with a serious illness diagnosis.

Appropriate for physicians, advance practice nurses, physician assistants, and chaplains

Respecting Choices® First Steps®

Provides a broad-based understanding of advance care planning as well as interview skills to facilitate an advance care planning conversation.

Appropriate for nurses, chaplains, social workers, and lay community members

Health care professionals may receive continuing education for completion of specified educational modules. All individuals trained in Respecting Choices® First Steps® will be recognized as certified advance care planning facilitators. We recommend that health care providers take an interdisciplinary approach to training clinicians, recognizing that the physician alone cannot conduct meaningful advance care planning conversations. This education and training are not meant to overburden physicians, but to increase their ability to have these conversations with their patients.³ Both curricula are evidence-based, and patient-tested. Contact *My Life My Choices* at info@mylifemychoices.org for information on available training in your area.

Engage Patients and Families Where They Live, Work, and Pray

Engage patient and families to understand what matters most to them at the end-of-life through person-centered advanced care planning conversations and/or educational sessions. Engagement should expand beyond the health care system to meet people where they live, work, and pray.

³ (Ed.). (2016, November). Conversation Starters: Research Insights from Clinicians and Patients on Conversations About End-of-Life Care and Wishes. Retrieved February 14, 2018, from <https://www.johnhartford.org/images/uploads/reports/ConversationStartersFocusGroupsReportFINAL.pdf>



SUGGESTED ACTIVITIES FOR YOUR ORGANIZATION

*These activities can be conducted during **South Carolina Health Care Decisions Month** or can extend beyond the campaign and be carried out throughout the year.*

- ❖ Sign up as an active participant in **South Carolina Healthcare Decisions Month**. Encourage other organizations, including your business/community partners, to sign up and participate as well. It is easy to do; just make your pledge on our website: www.mylifemychoices.org
- ❖ Use **My Life My Choices** and **NHDD Toolkit** materials as appropriate. Publicize local and statewide activities in your organization's newsletter and/or other communication outlets.
- ❖ Support **My Life My Choices** media campaign by using our resources, templates and social media. This will enable all participants to use a consistent message about advance care planning.
- ❖ Consider adding **My Life My Choices** training modules to pre-conference activities to ensure your members are thoroughly equipped to lead by example and to support patients and families.
- ❖ Integrate discussions about advance care planning in all upcoming meetings, and events during the months of March, April, and May. In the past, some organizations have begun meetings by asking attendees if they have completed advance care planning themselves and how to obtain more information.
- ❖ Explore implementation of an employee incentive program which provides employees with bonus points to decrease health insurance premiums if they attest that they have an updated advance care planning document which they have shared with loved ones and that they understand the need to share the document with their health care providers. Several "Working Well" programs have implemented this model which originated with the South Carolina Hospital Association.

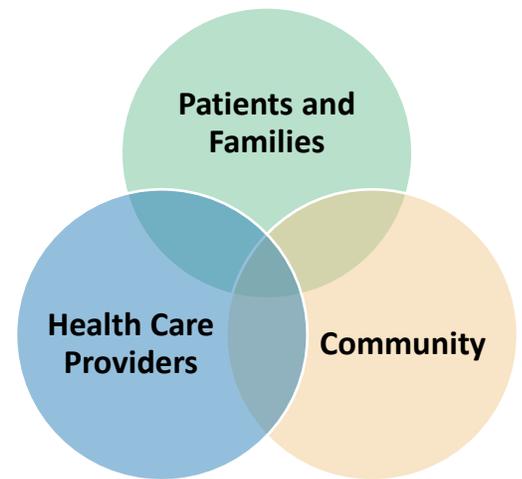
Best Practice: Employee Incentive Program

Many organizations, including the South Carolina Hospital Association (SCHA), offer employees an opportunity to earn health insurance premium discounts if the employee meets specific requirements. SCHA's program is entitled "Work to be Fit" and incorporates advance care planning among optional wellness elements. Employees can earn up to 10 of the requisite 100 points by completing an attestation for having a current South Carolina Health Care Power of Attorney (HCPOA), understanding the need to share the HCPOA with health care providers and discussing the HCPOA with loved ones. This employee incentive program is a simple way to help your organization lead by example. Participating organizations may want to explore incorporating this type of incentive program.

PLANNING STEPS FOR HEALTH CARE PROVIDERS

Lead by Example and Encourage Your Team to Do the Same

- ❖ Conduct or update your personal advance care plan and encourage your team to do the same.
- ❖ Identify a designated leader for the effort along with clinical and community champions who will support this individual.
- ❖ Plan employee educational activities.
- ❖ Consider leveraging existing activities to streamline planning and to avoid having competing events.
- ❖ Identify articles or personal stories that can be shared throughout the organization via intranet, public website or screensavers.
- ❖ Establish organization-specific goals related to leading by example, educating/ training staff, and engaging patients and families.
- ❖ Incorporate *My Life My Choices* education module that recognizes the intersection of educating health care providers, patients and families, as well as the community. Plan activities to target each one of these sectors beginning first with your team, extending next to patients and families, and ending with broad-based activities targeting the surrounding community.
- ❖ Ensure that planning activities include time for personal reflection for those who participate.



Best Practice: Nurses Leading by Example

Nursing organizations throughout the country are promoting advance care planning through a campaign entitled #ISaidWhatIWant. This special initiative encourages all nurses to lead by example by establishing their own advance care plan.

Related Resource. *Advance Care Planning Initiative - #ISaidWhatIWant* | [Link](#)



Educate and Train Staff and Employees

- ❖ Contact *My Life My Choices* at info@mylifemychoices.org to learn about the availability of Serious Illness Conversation Program and Respecting Choices® First Steps® courses in your area.
- ❖ Launch initial education-related activities targeting staff and employees.
- ❖ Share stories of team members who have personally embraced advance care planning.
- ❖ Share team members and patient stories about their experiences with advance care planning, both positive and negative, to illustrate the need for patients to have advance directives that are honored by loved ones and providers.
- ❖ Engage *My Life My Choices* social media campaign.
- ❖ Provide staff and employees opportunities to publicly express what matters most to them. This can be done by simply distributing post-it notes or index cards that can be displayed on a bulletin board within the facility, practice, clinical settings, or administrative areas.

Best Practice: Trained Chaplains Offer Spiritual Support Through Advance Care Planning

AnMed Health engages its Respecting Choices® First Steps® trained chaplains in supporting advance care planning at the practice level. Physician practices schedule advance care planning appointments with patients once it is introduced by the clinician. Chaplains then facilitate the remainder of the advance care planning conversation. These appointments are billed under the CMS advance care planning codes. In the two years since the program's launch, AnMed Health has conducted more than **1,200** advanced care planning conversations. Of those conversations conducted in 2018, over 90 percent chaplain-facilitated conversations resulted in completed advance directives. Their success is driven by the recognition that document completion alone is not a substitute for quality conversations. AnMed continues to expand their education and training efforts to support quality conversations using an evidence-based, patient-tested training model that is intended to honor individual health care choices.

Engage Patients and Families

- ❖ Schedule advance care planning clinics within health care facilities. These clinics are designed to provide information to patients regarding advance care planning and can include facilitated advance care planning conversations (i.e., Serious Illness Conversation Program and Respecting Choices® First Steps®).
- ❖ Incorporate advance care planning discussions within existing groups including support groups. Consider inviting trained advance care planning facilitators as guest speakers.
- ❖ Expand the health care provider's application of the Federal Patient Self-Determination Act by:
 - Providing community education and advance care planning resources such as [Isn't It Time We Talk?](#)
 - Providing facilitated conversations for patients who indicate they do not have an advance directive, or if a patient needs to update an existing advance directive. This conversation can be conducted on the nursing unit by a trained chaplain, nurse and/or social worker; *
 - Requesting copies of up-to-date executed advance directives to be uploaded into the patient's electronic medical record and establishing a system to follow up if the patient or family forgets to bring them; and,
 - Providing printed information about additional resources to support advance care planning, including but not limited to [My Life My Choices](#) resources. *

**Recognizing including printed information and offering facilitated conversations may require some adjustments to the workflow, we encourage health care providers to review their current processes and take steps toward implementation. Health care systems may also choose to start with a smaller patient population and later expand to all patients.*

- ❖ Encourage Medicare patients to schedule their Annual Wellness Visit and encourage clinicians to integrate advance care planning conversations into this visit as a billable activity under Medicare. Conversations conducted during the Annual Wellness Visit will not incur a co-pay for the patient. **Related Resource.** *End-of-Life Care Conversations: Medicare Reimbursement FAQs* | [Link](#)
- ❖ Align advance care planning with current quality improvement and patient safety efforts, including care transitions, merit-based incentive payment systems (MIPS), and the Medicare Access and CHIP Reauthorization Act (MACRA).

Best Practice: Hospital Rewarding Excellence Program

BlueCross BlueShield of South Carolina (BCBSSC) recently released its 2020 Hospital Rewarding Excellence Program measures. With the guidance of CSI members, BCBSSC agreed to include advance care planning as a component of this program for the first time. The Rewarding Excellence Program is the method for hospitals to qualify for hospital contractual rate increases and is part of a sea of change as the health care industry transitions to value-based care and the implementation of best practices which includes advance care planning.

Related Resource: *BCBSSC's Rewarding Excellence Program Adds Advance Care Planning (ACP) to 2020 Measures* | [Link](#)

Hosting Community Events

- ❖ Host public screenings: [The Conversation Project - Film Screenings to Engage Communities](#)
 - End Game: [END GAME Screening Inquiry](#)
 - Being Mortal: [Community Screening and Discussion Toolkit](#)
- ❖ Attend *Hello* Host Certification Training, May 1st to learn how to host a *Hello* event. *Hello* is a game used to engage individuals in meaningful conversations about what matters most to them. *Hello* makes these conversations easier, comfortable and fun. Participants will leave with a starter kit to host their first event along with clear next steps. Register at www.mylifemychoices.org. Listen in on a group that played the game: [Hello in Harrisburg, PA](#)
- ❖ Sponsor public education outreach activities with community organizations and partners (i.e., Rotary Club, senior centers, workplace settings, faith communities, libraries, patient or family support groups, neighborhood associations) and to the public promoting **South Carolina Healthcare Decisions Month** and **My Life My Choices**, while offering advance care planning resources.
- ❖ Host Respecting Choices® First Steps® training to build capacity within the community to conduct advance care planning discussions. Contact **My Life My Choices** at info@mylifemychoices.org for more information on this activity.
- ❖ Collect personal stories and share them via **My Life My Choices** website and other media outlets. Contrast the experiences of individuals who have had a thoughtful advance care planning conversation with those who have not.

This [My Life, My Choices] is an excellent program. I utilized it for my mother. I recommend this service to any family in need.

– Annette (Beaufort, SC)



PLANNING STEPS FOR COMMUNITY AND FAITH-BASED ORGANIZATIONS

Lead by Example and Encourage Team to Do the Same

- ❖ Complete or update your personal advance care plan and encourage your team to do the same.
- ❖ Identify a designated leader for the effort along with local community champions who will support this endeavor.
- ❖ Consider leveraging existing activities to streamline planning and to avoid having competing events.
- ❖ Identify articles or personal stories that can be shared during meetings or sermons.
- ❖ Establish organization-specific goals related to leading by example, educating and training staff, and engaging patients and families. Share these goals via the *My Life My Choices* organizational pledge.
- ❖ Consider partnering with a participating health care provider to fully incorporate *My Life My Choices* education module that recognizes the intersection of educating health care providers, patients and families as well as the community.
- ❖ Ensure that planning includes time for personal reflection for those who participate.
- ❖ Leverage available community resources from The Conversation Project: [Getting Started Guide for Communities](#) and [Getting Started Guide for Congregations](#).

Educate and Train Staff and Employees

- ❖ Contact *My Life My Choices* at info@mylifemychoices.org about the availability of Serious Illness Conversation Program and Respecting Choices® First Steps® courses in your area.
- ❖ Launch education- related activities targeting staff and employees.
- ❖ Share stories about team members who have personally embraced advance care planning.
- ❖ Engage *My Life My Choices* social media campaign.
- ❖ Provide staff and employees opportunities to publicly express what matters most to them. This can be done by distributing post-it notes or index cards that can be displayed on a bulletin board within the lobby.

Engage Members and Families

- ❖ Incorporate advance care planning discussions within existing small group discussions and other meetings.
- ❖ Host public screenings: [The Conversation Project - Film Screenings to Engage Communities](#)
 - End Game: [END GAME Screening Inquiry](#)
 - Being Mortal: [Community Screening and Discussion Toolkit](#)
- ❖ Host Respecting Choices® First Steps® training to build capacity within the community to conduct advance care planning discussions. Contact *My Life My Choices* at info@mylifemychoices.org for more information.
- ❖ Attend *Hello* Host Certification Training event, May 1st to learn how to host a *Hello* event. *Hello* is a game used to engage individuals in meaningful conversations about what matters most to them. *Hello* makes these conversations easier, comfortable and fun. Participants will leave with a starter kit to host their first event along with clear next steps. Register at www.mylifemychoices.org. Listen in on a group that played the game: [Hello in Harrisburg, PA](#)

HELPFUL RESOURCES

Media Campaign Resources

- ❖ Provide a link on your organizational website to the [My Life My Choices](#) website. This is a local website that provides a variety of information for the public and providers on advance care planning.
- ❖ Mention [South Carolina Health Care Decisions Month](#) in your organization's/facility's telephone on-hold recording.
- ❖ Send out a press release about your activities and/or events to your local media.
- ❖ Publish an Op Ed letter to the editor or a feature story about the importance of advance care planning in your local newspaper.
- ❖ Distribute information to patients within health care facilities with their mid-day meal. Be creative! Provide information in the cafeteria, public places, by registration clerks, or by volunteer staff. If you have a retail pharmacy, consider inserting a card along with their medications.

Key Messages and Usable Phrases

- ❖ It's your life. Make your health care choices known.
- ❖ Advance care planning is more than just a document. It's a process of thinking about your personal end-of-life preferences, talking about care preferences with loved ones, and writing down your preferences in an advance directive that you share with loved ones and your doctors.
- ❖ It always seems too early, until it's too late.
- ❖ We all plan for expected events such as vacations, a birth, or a wedding. It is just as important to plan for the health care you want in the future and at the end of life in case of an unexpected event.
- ❖ Without the conversation, there can be confusion, conflict, and guilt in a situation that's already very stressful. With a plan in place, your family can focus on ensuring your wishes are honored and supporting each other.
- ❖ Talk about your decisions with your loved ones and your doctors. Without these conversations, your health care providers and family will not know what you want if a health care crisis were to occur.
- ❖ Don't "assume" that your loved ones will know what you want for your care. Think about it. Talk about it. Write it down.

What to Avoid

- ❖ Don't just focus on the document, because it's more about the conversation.
- ❖ Don't focus exclusively on death. Advance care planning is needed for a time when a person cannot make or communicate his or her own health care decisions.
- ❖ Don't reference "death panels" or discuss end-of-life politics. This process is about empowering individuals and honoring their wishes.
- ❖ Don't rush to "get it done." Advance care planning is a process requiring multiple conversations.



Sample Conversation Scripts

*These scripted conversations can assist you in initiating conversations meant to engage individuals/organizations in advance care planning during **South Carolina Health Care Decisions Month**.*

Personal

April is **South Carolina Health Care Decisions Month**, and everyone is encouraged to ensure that their future health care choices are known and honored through advance care planning. The process does not take long, and it is free. This is something I have done for myself and hope you will, too.

South Carolina Health Care Decisions Month exists to remind all people, regardless of age or current health, of the importance of making their health care decisions known. I encourage all South Carolinians to think about their personal end-of-life preferences, talk about these preferences with loved ones, and write down their preferences in an advance directive that is shared with your loved ones and your doctors.

Please join me and others throughout South Carolina and begin your advance care planning today. It's your life, make your health care choices known. It always seems too early, until it's too late.

Professional

I encourage each of my [patients/clients/members] to help me and others protect their wishes for future medical care. It does not take long, and it is free. This is something I have done for myself and hope you will, too.

South Carolina Health Care Decisions Month exists to remind all people, regardless of age or current health of the importance of making their decisions known. I encourage all [patients/clients/members] to think about their personal end-of-life preferences, talk about these preferences with loved ones, and write down their preferences in an advance directive that is shared with your loved ones and your doctors.

Please join me and others throughout South Carolina and begin your advance care planning today. It's your life, make your health care choices known. It always seems too early, until it's too late.



Sample Organizational Email Template

*This email template can be used to announce your organization's participation in **South Carolina Health Care Decisions Month**.*

April has been designated as South Carolina Health Care Decisions Month! This educational campaign is a statewide collaborative effort with organizations committed to ensuring that all adults with decision-making capacity in South Carolina have the information and opportunity to communicate and document their health care decisions.

[*Organization Name*] is proud to participate in **South Carolina Health Care Decisions Month**. It is our goal to encourage all our employees to lead by example by thinking about your personal end-of-life preference, talking about care preferences with loved ones, and writing down your preferences in an advance directive that you share with loved ones and your doctors.

During this campaign, we will provide several opportunities for you to learn more about advance care planning, both personally and professionally. For those individuals who have already completed an advance directive, we encourage you to explore your current health care preferences to ensure that those align with what is in your advance directive. It is our goal that as professionals, we can be an example to those we serve every day regarding the importance of advance care planning.

Please join me and others throughout South Carolina and begin your advance care planning today. It's your life, make your health care choices known. It always seems too early, until it's too late.



Sample News Article

The following can be used by your organization as a news article:

[Your organization], along with other organizations throughout South Carolina, is leading a massive effort to highlight the importance of advance care planning. It is an effort that has culminated in the formal designation of April as **South Carolina Health Care Decisions Month** and April 16th as National Healthcare Decisions Day.

Statewide organizers are asking interested organizations and individuals to help raise awareness about the importance of advance care planning during the month of April and throughout the year in conjunction with the state's advance care planning initiative, **My Life My Choices**. **My Life My Choices** provides tools to help South Carolinians understand that making future health care decisions includes much more than deciding what care they would or would not want. It starts with thinking about preferences and clarifying values, talking about care preferences with loved ones and writing down those preferences in an advance directive that you share with your loved ones and your doctors.

South Carolina Health Care Decisions Month is meant to encourage people, including health care professionals, to engage in meaningful conversations about health care preferences. Recognizing advance directives alone are not a substitute for quality, ongoing conversations. It is important to help people have conversations with their families, doctors and others about this critical issue. Such conversations help ensure that you still have control of your care when you are seriously ill or facing end-of-life circumstances. They help your health care providers and family know your desires. By planning ahead, people can get the medical care they want, avoid unnecessary suffering, and relieve caregivers of decision-making burdens during a crisis or grief. It also reduces confusion or disagreement about the choices the person would want people to make on their behalf.

Organizations throughout the state are invited to participate in this effort and can sign up on the **My Life My Choices** website. The website also provides numerous resources to help you get started in your local community. Please join me and others throughout South Carolina and begin your advance care planning today. It's your life, make your health care choices known. It always seems too early, until it's too late.

Sample Letters to the Editor

- ❖ Make your health decisions known (2017) | [Link](#)
- ❖ Make your end of life wishes know (2016) | [Link](#)
- ❖ Have you made your health wishes known (2014) | [Link](#)

Sample Social Media Posts

- ❖ What better way for health care providers to demonstrate the value of advance care planning than to lead by example. Start the conversation and establish your own advance care plan. [#MyLifeMyChoices](#)
- ❖ If health care providers expect patients to understand that advance care planning helps ease the burden to their families when it comes to end-of-life decisions, then health care providers should practice advance care planning personally. [#MyLifeMyChoices](#)
- ❖ I have an advance care plan that I have shared with my family and my doctors. [#MyLifeMyChoices](#)
- ❖ We all plan for expected events such as vacations, a birth, or a wedding. It is just as important to plan for the health care you want in the future and at the end of life. [#MyLifeMyChoices](#)
- ❖ Now is the time to start thinking about what matters most to you. Think about it. Talk about it. Write it down. [#MyLifeMyChoices](#)
- ❖ Advance care planning is more than just a document. It's a process of exploring your end-of-life preferences and discussing those preferences with a loved one. [#MyLifeMyChoices](#)
- ❖ Celebrate **South Carolina Health Care Decisions Month** by making your wishes known. [#MyLifeMyChoices](#)

"No one wants to die. Even people who want to go to heaven don't want to die to get there. And yet, death is the destination we all share. No one has ever escaped it, and that is how it should be, because death is very likely the single best invention of life. It's life's change agent. It clears out the old to make way for the new."

Steve Jobs (1955 – 2011), Co-Founder, Apple



Learn about advance care planning at www.mylifemychoices.org or email us at info@mylifemychoices.org.

